

Electrolysis Aftercare

First and foremost, please ensure that you keep the treated area meticulously clean and dry for the first 48 hours post treatment.

It is important to take extra care of the treated area, especially within the first 48 hours* of treatment. This will give the skin a chance to settle, allow the heat reaction in the skin to return to normal and prevent infection of the treated open follicles.

After treatment you may experience

- Redness, swelling and sensitivity of the skin in the area which has been treated for up to 48 hours.*
- The treated area and surrounding skin may feel hot for up to 48 hours.*
- Pin dot crusting or small scabs may appear within the treated area
The skin may itch as the healing process takes place.*

Points to remember for 48 Hours* after treatment

- Apply Witch Hazel and Aloe Vera gel or antiseptic cream should be applied liberally using clean, cotton wool immediately after electrolysis to soothe, calm redness and prevent infection.
- To prevent irritation and the spread of infection, do not pick spots or small blood scabs which may appear a couple of days after treatment and depending on the skin, may take between 7–21 days to heal.
- Fine blood scabs are a normal post reaction response to the treatment, especially in the initial stages of healing after electrolysis. The fine blood scabs develop by the dry cauterized blood in the base of the follicle rising up through the follicle.
- Do not pick the area at all.
- For clients who have long hair, to reduce the risk of infected follicles, keep hair tied back off the face.
- Avoid touching the treated area and do not pick any scabs that may form.
- Avoid, Self tans or fake tans as these can cause irritation to the skin, also avoid perfumes, and perfumed body lotions and makeup.
- Avoid direct sunlight, or sunbed treatment. If you must go out in the sun, use a high protection factor sunscreen of at least SPF 50 to avoid hyperpigmentation, especially on yellow based, Black and Asian skin types. Re-apply in the middle of the day. UVA and UVB can cause pigmentation marks to appear on the treated area and wearing our SPF will help to reduce this quicker, developing an even skin tone faster.

charlotte rye

Aesthetics and Skincare

- Avoid use of Retinol, AHA's/BHA's, or prescription products for 48 hours.
- Avoid, saunas, solaria, sun beds, jacuzzis, swimming and steam treatments as these can also cause pigmentation to develop due to prolonged heat being retained by the skin.
- Avoid, Hot baths, showers
- Avoid: Activities for 48 hours that stimulate blood flow following treatment including cardiovascular exercise, extreme temperatures cold or hot and exposure to heat sources whilst cooking.
- Avoid wearing tight or restricted clothing over treated body areas.

Points to remember whilst having Electrolysis

- Use of Cleansing, when washing or cleansing use gentle unperfumed cleanser or facial wash, never use soap on the treated area as this will further dry the skin. Gently pat the area dry to avoid dislodging any fine scabs or crusts.
- Bleaching-If you would like to bleach the downy hair growth between treatments, do not apply bleach for at least 48 hours after electrolysis.
- Re-growth- Do not pluck, tweeze, thread or remove hair with wax or depilatory cream remover between electrolysis treatments, as this will interrupt the hair growth cycle. It is safer to simply trim any noticeable unwanted hair with scissors.

Treatment plan

Follow your Electrologist's recommendations for your treatment plan and aftercare. Failure to do so may affect your skin recovery and healing. This may cause infection and long term hyperpigmentation.

Tell your Electrologist about any unusual reactions immediately in order that I may modify your treatment accordingly or advise any additional action needed.

If you have any questions at all, please do not hesitate to get in touch.

You can contact me at:

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 07885736454

* NB: For most people, after-effects of the treatment normally clear within 48 hours. However, everyone is different, so please do not be alarmed if it takes a bit longer. If in doubt, please contact me.